**TALKING-TO-GOD SILVER CHALLENGE**

The *Avodah* blessing - the one that comes towards the end of the *Amidah* - has some beautiful language like what you see in blue, below.  Read it in a whisper or low voice:

Be gracious, Adonai our God, to Your people Israel  
      and receive our prayers with love.  
O may our worship always be acceptable to You  
      Fill us with the knowledge that You are near to all who seek You in truth.

The author (or poet) brought together some thoughts about prayer that were meaningful to him or her - each line is a little different.   

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| **STEP ONE:**  **Your challenge is to write your own prayer to God**.  You may make it short like the one above in blue, or you may make it longer.  But you have to write what is meaningful to YOU. | C:\Users\moskowns\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\60FPLJY9\MC900359577[1].wmf |

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| **STEP TWO:**  Wait till the time is right for you THEN pray your prayer to God.  After you pray, think about how you felt when you did it. | **C:\Users\moskowns\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\60FPLJY9\MC900445118[1].wmf** |

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| **C:\Users\moskowns\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\A5IA04VL\MC910216408[1].png** | **STEP THREE:**  **Choose**Option One or Option Two:  **OPTION ONE**:  When done, send your prayer in an email to:  ImGonnaStandUp@jecc.org.  **OR**  **OPTION TWO**:  When done, send your prayer in an email to: ImGonnaStandUp@jecc.org AND send it to be placed in the Kotel, the Wall in Jerusalem. <http://tiny.cc/ye7jbx>. |

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| **STEP FOUR:**  Return to the website and answer the questions in the survey. You’ll then earn your **SILVER**badge! |